

Comprehensive Sexuality Education and Child Protection: a foundation training for international school professionals



The Course

This three-day training course develops core facilitating skills using evidence-based best practice to facilitate effective Comprehensive Sexuality Education within the school.

In a safe environment, participants will learn how to deal with sensitive issues bringing confidence to their delivery.

Delivered using a blended approach of theory, policy and practice to develop the three overarching core competencies of CSE: acquisition of Knowledge, building Skills, and respectful Attitudes.

Our approach to CSE is rights-based and age- and developmentally-appropriate. The training maintains a practical application through experiential learning methods enabling participants to put new skills into practice.

In addition, the training focuses on equipping participants with knowledge, skills and tools to develop their own CSE role, disseminate learning with colleagues and support the implementation CSE in their own educational context.

Training developed exclusively for international schools

Reflecting the significance of Comprehensive Sexuality Education (CSE) to improved child protection and safeguarding, accreditation agencies, such as the Council of International Schools (CIS), have driven through significant change in school policy, which in turn is driving changes in the school's CSE curriculum.

Two challenges arise...

1. Typically, schools will choose a country-specific or culture-centric CSE curricula and related content: how to make this content work with the school's own diverse cultural setting and, at the same time, connect with the CIS guidelines for safe guarding and child protection.
2. Schools currently source CSE and Child Protection staff training from separate service providers: the providers often have limited international experience and the separate courses leaves provision and implementation without a clear link.

Our training is unique in that it resolves the two challenges: through SMC's long-standing profile and experience in the international school community, together with its expertise in both international CSE and International Child Protection, it can deliver training tailored to the international school community and explicitly combine key components of comprehensive sexuality education with safeguarding and child protection.

Accordingly, staff will be better prepared to confidently adapt and introduce the new curricula and content to their students through one integrated course – meaning fewer days spent out of school. The foundation course is the beginning.

Who should attend?

Designed for pastoral leads, teachers, school nurses and school counselors who have roles in CSE, Pastoral Care, Health Education and Child protection.

The school should be planning or already running a CSE curriculum. Based on our experience, it is highly recommended that a minimum of two staff are sent on the foundation course.



SMC
susie march consulting

Foundation training

This three-day intense training course will engage participants in both individual and group learning opportunities through interactive and experiential teaching methods which are supported with tools and resources while modelling good classroom practice.

The training is delivered by highly qualified practitioners in international CSE – Susie March and Yoan Tranholm Reed.

Scope of foundation training

- **Reproduction and sexual development:** sexual anatomy, puberty and sexual development, reproduction, STIs and contraception
- **Sexuality:** pleasure, sexual orientation and sexual identity, LGBTQ
- **Child protection through education:** correct terminology, safe touch, bodily autonomy, recognising sexual exploitation and abuse, consent, healthy and unhealthy relationships
- **Effective practice:** effective facilitation, assess, monitor and evaluate CSE, student needs assessment, identify curriculum opportunities, development of scheme of work and lesson plans
- **International guidance and standards:** review and update existing provision, policy review, compliance with accrediting organisations (CIS, International Taskforce for Child Protection, NEASC, IB Standards)
- Detailed content will be found on the website

Learning outcomes for participants

- Develop knowledge, confidence and skills to facilitate CSE
- Understand what makes CSE effective, inclusive and enabling
- Increase awareness of best practice in CSE
- Apply a range of resources and teaching approaches
- Consider child protection and safeguarding measures
- Support implementation of CSE in their own local/global setting
- Brief colleagues on international standards and requirements



Susie March has over 10 years experience from across the world in delivering CSE to students and running professional development training for staff. Her holistic and developmentally-appropriate approach to CSE is specific to international schools and the unique cultures within which they operate. A Council of International Schools (CIS) Affiliated Consultant, she collaborates with CIS, offering training on strategies for addressing the educational elements of the new Child Protection accreditation standards; these include physical abuse, grooming, online safety, commercial exploitation and disclosure.



Yoan Tranholm Reed is a health professional and independent consultant with 10 years' experience in implementing, delivering and reviewing CSE in national and international schools. Strong emphasis on learning assessment and measurable outcomes. Danish formative education, lived in Australia then completed higher education in UK - MA in International Child Studies at King's College London with modules in International Child Protection and Children's Rights. Founder of Teaching Lifeskills, Advisory Board member of the Sex Education Forum (SEF) and PSHE Association member.

Provisional schedule

August/September 2019, Europe/Asia
March/April 2020, Europe/Asia

More information

For terms and conditions of service, further details on course content, registration and costs, please visit.. www.susiemarch.com/training